

Shells & Cheese

ORIGINAL FLAVOR

Quality-Pasta.com

Nutrition Facts

Serving Size 4 oz (112g/ about 1/3 Box) (Makes about 1 cup)

Servings Per Container about 3

Amount Per Serving

Calories	360
Calories From Fat	110
	%Daily Value**
Total Fat 12g	18%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 870 mg	36%
Total Carbohydrate 49g	16%
Dietary Fiber 2g	8%
Sugars 4g	
Protein 13g	17%
Vitamin A	4%
Vitamin C	0%
Calcium	15%
Iron	10%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholest	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carb		300g	375g
Dietary Fiber		35g	30g

INGREDIENTS: ENRICHED MACARONI PRODUCT (WHEAT FLOUR, NIACIN, FERROUS SULFATE (IRON), THIAMIN MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), FOLIC ACID); CHEESE BLEND (WHEY, MODIFIED FOOD STARCH, SALT, MILKFAT, MILK PROTEIN CONCENTRATE, CONTAINS LESS THAN 2% OF SODIUM TRIPOLYPHOSPHATE, CELLULOSE GEL, CELLULOSE GUM, CITRIC ACID, SODIUM PHOSPHATE, CALCIUM PHOSPHATE, LACTIC ACID, YELLOW5, YELLOW 6, ENZYMES, CHEESE CULTURE)



Nutritional information is subject to change. Please see label of product on store shelves for the most current information.